

Oasis Middle School

2009-2010

ATHLETIC HANDBOOK



**“ATHLETICS AND ACADEMICS – TOGETHER
STRIVING FOR EXCELLENCE”**

Adopted – August 20, 2006
By the Principal & Director of Athletics

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A Message to the Parents of Student Athletes

Your child has chosen a difficult and rewarding endeavor. It is an individual's choice to participate in athletics, but the choice affects the entire family in many ways. There will be late dinners after games, sore bones and muscles after practice and competitions. You will find that your child will learn to be a member of a team working toward a common goal, to accept victory and defeat as a learning process, to take pride in their accomplishments and to persevere when the activity becomes difficult.

It is our intent as a school athletic opportunity to maintain a program that is sound in purpose and will further each student's educational maturity. A student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-responsibility. These are the reasons we stress good training habits and preparation for athletic events. Attaining this goal should be a cooperative effort by all involved.

As educators, we find that students involved in extracurricular activities have fewer discipline problems in school and put free time after school to constructive use, and as a result, have fewer problems in the community. When your child elects to participate in one of our intramural sports programs, we feel there is a commitment to certain responsibilities and obligations. This is our opportunity to acquaint you with specific policies necessary for a well-organized program of athletics. Please read this carefully and share this handbook with your child frequently.

PHILOSOPHY OF ATHLETICS FOR OASIS MIDDLE SCHOOL

Athletics at Oasis Middle School are seen as an integral part of the total educational process. Participation in extracurricular activities is encouraged and strictly voluntary. It is considered a privilege participating in athletics, and the contents of this handbook are based on this philosophy and mind set. Every member of every team will be treated with respect by every coach, and our coaches are expected to use only positive motivation.

Research suggests that the lessons learned from participation in athletics greatly contribute to the student's ability to be successful while in school and after graduation. It is the goal of the Athletic Department to assist in the building of positive characteristics which will enable our students to conquer adversity, lead by example, and see the benefits of hard work and sacrifice toward an achieved goal or dream.

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MISSION

In order to fully meet the needs of our middle school boys and girls, a program of voluntary student participation in organized and supervised activities, regardless of athletic abilities or sex, is appropriate. The opportunity for student participation in healthy extramural competitive experiences is also endorsed. The successful marriage of cooperation and competition will enhance an individual's total well being by positively influencing a life long involvement in physical activities.

As an integral part of the educational experience, Oasis Middle School Intramural/Extramural Program provides an opportunity for all middle school students to participate in competitive and noncompetitive recreational, sports, and fitness activities. This program is an application and enhancement of the daily middle school physical education curriculum.

OBJECTIVES

Physical

- To provide opportunities for students to reach improved fitness levels.
- To provide opportunities for students to further enhance skill level development.

Social

- To provide opportunities for positive interactions in a fun filled environment wherein leadership, sportsmanship, and fair play can be developed.
- To develop a better cooperative and harmonious relationship among students regardless of race or sex.

Emotional

- To provide students a healthy emotional setting where self-image can be enhanced and stress can be released in a positive manner. Good sportsmanship will be stressed.

Mental

- To increase student knowledge of rules, terminology, strategies, and basic tournament organization.

DEFINITIONS

Intramural Athletics

Intramural activities will provide for voluntary participation of students in an organized and supervised program. This participation takes place among all students within the school after regular school hours. The program is structured so that all students may take part regardless of their ability or sex.

Extramural Athletics

As an extension of intramurals at the conclusion of specific activities or sports a school team is selected to play competitively against another school team. This team, selected by the intramural director and coach will provide the students with an opportunity to use the skills learned in a competitive situation. The major emphasis is on sportsmanship, fair play, and properly representing one's school. No cuts of intramurals will be made until team practice day. All extramural events are to be held after regular school day hours.

RULES AND REGULATIONS

Student Insurance and Safety

Student's participation in extramural athletics **must** provide proof of insurance before participating. School insurance or Medicaid is acceptable in meeting this requirement. Students will **not** be allowed to participate in athletics until proof of insurance is provided. Students will be required to sign a waiver form provided by the Lee County middle school athletic program.

Student Eligibility

- Students must first participate in the intramural program before competing in the extramural athletic program.
- Students who have been externally suspended or expelled from school are prohibited from extramural participation during the period of the suspension.
- Students must have a minimum accumulated grade point average of 2.0 to be eligible for athletic participation.
- No student should be older than: 13 to compete in 6th grade; 14 to compete in 7th grade; and 15 to compete in 8th grade by the end of the school year.
Track Events Only.
- A student may not participate if his /her sixteenth (16) birthdays occurs during the regular school year.
- Students from other schools particular intramural or extramural program may participate in a different school. Notification needs to be made to the Intramural Athletic Director, Middle School, before arrangements are made.

It is the responsibility of the intramural director to certify that all extramural participants have met the 2.0 grade average requirement. This check will occur one week prior to the first game or event. Schools can waiver no more than 2 girls and 2 boys per year.

- The grade check will cover the previous nine (9) weeks work in all subject areas.
- The above rules apply for students legally transferring from one school to another. Any exceptions must have the support of the sending and receiving principals.

- For extramural competition, a student may be in any grade level 6-8.

Student Uniform and Attire

All participants will wear appropriate clothing for sport. The individual uniform will be specified in the description of each sport. Appropriate footwear must be worn in every sport.

Attendance at Practice and Competition

Attendance at all scheduled practice sessions and competitions are mandatory unless excused by the coach. A student must be in school a minimum of 2 blocks/periods or half day in order to participate in an athletic event or practice that day. An athlete must have an acceptable reason and/or pre-arranged absence such as illness, deficiencies in schoolwork, or other obligations not reasonably anticipated by the athlete. Unexcused absences from practice or competition will lead to a disciplinary measure or could lead to removal from the team.

Behavior

The conduct of any Oasis Middle School athlete shall be such as to bring no discredit to the athlete, parents, or school. This includes behavior and actions both on and off the playing field. Athletes who do not display appropriate behavior may be subject to disciplinary measures or removal from a team. Possible disciplinary actions are as follows:

Step 1: 1st Signature – Verbal Warning by coach

Step 3: 4th Signature – 2 game suspensions

Step 2: 3rd Signature – 1 game suspension

Step 4: 5th Signature – Team expulsion done by athletic director and dean of discipline

It is the responsibility of the coach to monitor student-athletes behavior through out the season by checking their Iguana cards on a regular basis.

Should a student receive a red card at any time throughout the school year they shall be banned from any athletic competition for the remainder of the academic year.

Equipment

Athletes and their parents are responsible for equipment that is not turned back into the coach at the end of the season. Coaches will take inventory at the beginning and end of the season. Athletes will turn in all equipment and uniforms or pay for items that are missing.

Quitting a Sport

If an athlete decides to quit a sport he/she must meet with and give a written explanation to the coach *and* athletic director.

Playing Time

In extramural competition all athletes will not receive the same amount of playing time, but all athletes will play in every game.

TICKET AND ADIMISSION INFORMATION

Gate Tickets - Middle School Events: All students and adults \$1.00

- No charge for children 4 and under. Must sit with parent
- No charge for senior citizens.

ATHLETIC PROGRAMS OFFERED AT OASIS MIDDLE SCHOOL

BOYS

Basketball
Cross Country
Volleyball
Soccer
Track
Tennis
Golf

GIRLS

Basketball
Cross Country
Volleyball
Soccer
Track
Tennis
Golf

LEE COUNTY DIVISIONAL ALIGNMENT

West Area

Challenger
Gulf
Trafalgar
Oasis

North Area

Ft. Myers
North Ft. Myers
Oak Hammock
James Stevens

Central Area

Cypress Lakes
Dunbar
Gateway
Six Mile

North West Area

Caloosa
Cape Charter
Diplomat
Mariner

South Area

Bonita
Bonita Charter
Lexington
Three Oaks

East Area

Alva
Lehigh
Varsity Lakes
Veterans Park

STUDENT ACKNOWLEDGEMENT OF ATHLETIC HANDBOOK

I have received the Oasis Middle School Athletic Handbook and understand the rights and responsibilities pertaining to student-athletes and agree to support and abide by the rules, guidelines, procedures, and policies of the City of Cape Coral Charter School. I also understand that this handbook supersedes all prior handbooks and other written material on the same subjects.

Student Signature

Date